

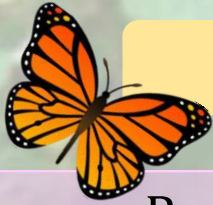


The GUMBOOT GAZETTE



Volume 10, Number 4

Winter 2020



The Lakelse Watershed Newsletter



Pending :
A Wetlandkeepers
Workshop will be held July
11th and 12th. Join us and
learn about wetland
stewardship!

Spring has Sprung!

Check Out
Our New
and
Improved
Website!



*A Guide to
Invasive
Plants and
Alternatives
for Your
Garden!*

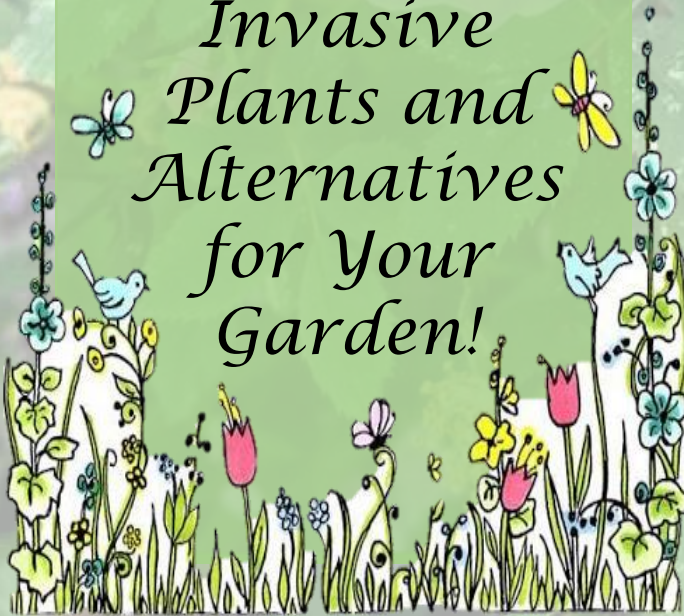
Follow us on Social Media!



@ Lakelse Watershed
Stewards Society



@ lwss.coordinator



OUR NEW WEBSITE HAS LAUNCHED



RESOURCES FOR RESIDENTS, VISITORS AND TEACHERS

Learn about what you can do to keep our watershed healthy.



RESIDENTS

Living by Lakelse Lake has its pros and its challenges. Learning more about how you can protect the environment and your investments will ensure the lake and watershed remain healthy for future generations. We encourage full time and seasonal residents to become LWSS members. The Society has benefits from the Lakelse Community Association, DLANDS, Sevens Old Day, Can Day Boatmen Association, and Shoreland Property Owners. They are the environmental resource voice for the community and its watershed. We suggest reading On the Living Edge as a guide for watershed living. Contact us for more information.

CONCERNS FOR RESIDENTS

- Shoreline Erosion
- Invasive Species (Hickies)
- Water Quality and Sediment
- Septic Systems
- Docks and Boating
- Building by Water
- Co-existing with WILDLIFE



WATERSHED WATER QUALITY SAMPLING

Throughout the summer 15 sites around the Lakelse Watershed are tested using a YSI ProDSS Water Quality Metre. We record pH, turbidity, conductivity and pressure which help to determine the health of the waterbody. Four locations are also sampled on the lake using a boat.

[MORE ON WATER SAMPLING](#)

INTERPRETIVE WALKS AT FURLONG BAY PROCESSIONAL PARK

Interpretive walks are hosted at Furlong Bay ProceSSIONAL Park during the summer. We walk along the Twin Spruce Trail and talk about fish species, fish habitat, local vegetation, invertebrates and bats.

[Interpretive Walk Schedule 2019](#)



Our website got a makeover!


Fun things to check out:

- Williams Creek Seining and Gillnetting Slideshow
- Lakelse Webcam Link
- New Subscription Link
- Our Projects

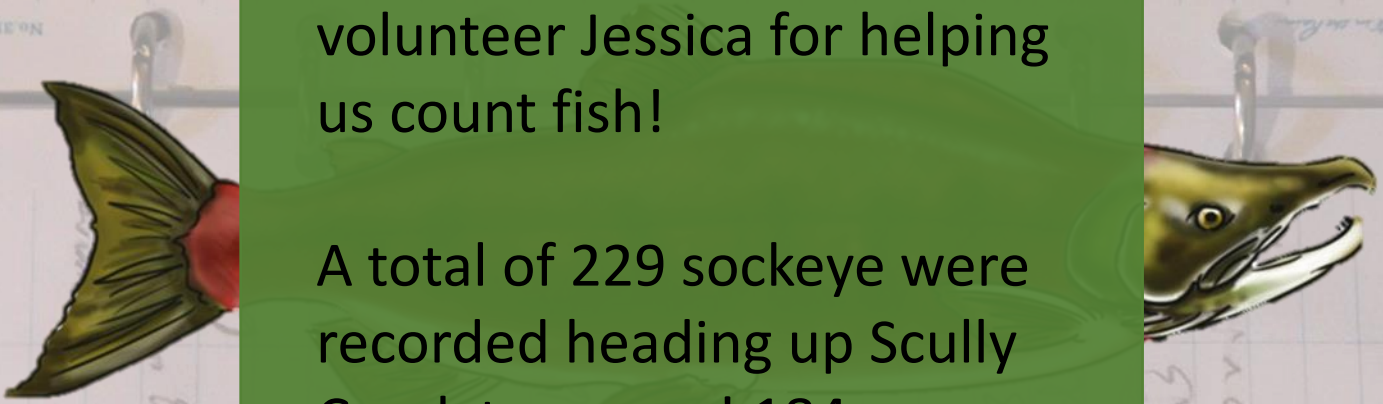
Nobody can be in good health if he does not have all the time fresh air, sunshine, and good water.

-Flying Hawk


SCULLY SOCKEYE



We have finished reviewing our sockeye footage!



Thank you to our new volunteer Jessica for helping us count fish!



A total of 229 sockeye were recorded heading up Scully Creek to spawn! 184 sockeye were males, while 45 were females.

Water Quality Sampling



It begins again!

Starting in May we will begin conducting water quality sampling at 15 selected sites on our watershed route. We are always looking for volunteers to come out and enjoy the sunshine and fresh air, as we work to compile data regarding the health of the Lakelse watershed!



Tianna takes readings for water quality at Upper Herman!

3 Spring Stovetop Potpourri Ideas

A natural homemade scent that will bring the smell of spring into your home

Prep Time

10 mins

Ingredients

Lemon And Rosemary Stove Top Potpourri

- 2 lemons sliced
- A bunch of rosemary
- 1 tablespoon vanilla extract

Lime, Mint, Ginger, And Thyme Stove Top Potpourri

- 3 limes
- A bunch of fresh mint
- A bunch of fresh thyme
- Some ginger finely sliced

Lemon, Cinnamon, Mint, And Thyme Stove Top Potpourri

- 2 lemons
- A bunch of fresh mint
- A bunch of fresh thyme
- 2 cinnamon sticks

Instructions

Place all the ingredients into a pot and fill with water and simmer. Add more water as needed. You can use the same pot and ingredients for a couple of days.



Plant a Bee-Friendly Garden:

Plant your garden with native and bee friendly plants. To help bees make the most out of their active months, it's ideal to have plants that bloom at different times across the seasons.

A Few Bee-Friendly Plants Include:



Lavender



Mint



Oregano



Peony

Avoid Using Harmful Pesticides:

It is extremely important to avoid using any insecticides, herbicides, or pesticides on your plants. Pesticides contain neonicotinoids, chemicals that are a known danger to bees.

Create a Bee Bath:

Fill a shallow bird bath or a small dish or bowl with clean water. Arrange pebbles inside so that they poke out of the water. Bees will land on the pebbles to drink the water as they take a break from foraging and pollinating.





Plant an Environmentally Friendly Garden!



Invasive



Yellow Flag Iris



Mountain Bluet



Himalayan Balsam



Oxeye Daisy

Native and Ornamental Alternatives



Butter and Sugar Iris



Japanese Iris



Clustered Bellflower



Common Camas



Red Columbine



Pink Monkey Flower



White Swan Coneflower



Alpine Aster

Preventing Ticks!

Lyme disease is spread by the bite of infected blacklegged ticks. Ticks are very small, and their bites are usually painless, so you may not know you've been bitten. Ticks are often found in and near areas with trees, shrubs, tall grass or piles of leaves. It can cause serious health issues if untreated. Take action to reduce your risk.

Follow these tips when heading outside in areas where ticks can be found:

Prevent

- Use bug spray with DEET or icaridin (always follow directions).
- Wear closed-toe shoes, long sleeves and pants.
- Tuck your shirt into your pants, and your pants into your socks.
- Walk on paths.

Check

- Do a daily full body tick check on yourself, your children, your pets and your gear.
- Shower or bathe as soon as possible after being outdoors.
- Put your clothes in a dryer on high heat for at least 10 minutes.



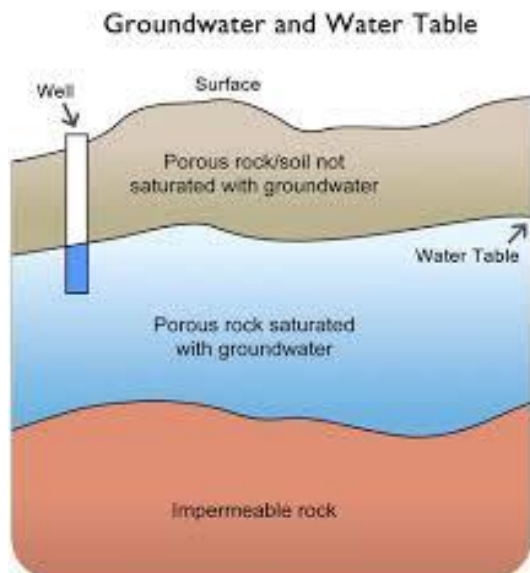
What should you do if you're bitten?

- Use clean tweezers to immediately remove attached ticks:
 - Grasp the tick's head as close to your skin as possible.
 - Slowly pull it straight out. Try not to twist or squeeze the tick.
 - If parts of the tick's mouth break off and remain in your skin, remove them with the tweezers.
 - If you can't remove the mouthparts, leave them alone, and let your skin heal.
- Wash the bite area thoroughly with soap and water or alcohol-based sanitizer.
- Contact your health care provider if you're not feeling well or if you are concerned after being bitten by a tick.
- Keep the tick in a closed container and bring it with you if you see your health care provider.



Water Withdrawal at Westside Road

The City of Terrace has drilled 3 wells on municipal property out by Westside Road. This is a preliminary step to the construction of a water system to serve the Skeena Industrial Development Park and Airport area of the city. The City of Terrace is working with the BC Environmental Assessment Office, the Ministry of Forests, Lands, Natural Resource Operations and Rural Development, and Northern Health on Permitting the wells. The city hopes to begin construction of the water system in 2020.



Announcement

These are uncertain times. As COVID-19 takes the news, internet, and world by a storm we find ourselves having to social distance and self isolate.

As the time for workshops and volunteer opportunities draws closer, LWSS will make an educated decision on whether these events will proceed as scheduled based on government and health official recommendations. Your health and safety is our top priority.

We hope that everyone is staying home, and staying positive.





BC WILDLIFE FEDERATION
PRESENTS

Map our Marshes in Terrace, BC

July 11-12 from 9am to 5pm



JOIN THE BC WILDLIFE FEDERATION OVER 2 DAYS FOR THIS HANDS-ON WORKSHOP. LEARN ABOUT WETLAND CLASSIFICATION, WETLAND MAPPING, RESTORATION, AND MORE!

Where: Terrace Rod & Gun Club

Cost: **NO CHARGE** (\$100 value)

Contact Alyssa Purse, Wetland Education Program Coordinator

(By email: alysa.purse@bcwf.bc.ca or phone: 604-882-9988 ext. 239)

For more information & registration, see [\[LINK\]](#)

This workshop is held in partnership with:



Regional District of
Kitimat-Stikine



This workshop is made possible with the financial support from the following organizations:



Thanks to the Pacific Salmon Foundation, RDKS, BCWF and the Terrace Rod & Gun Club for supporting this upcoming event.



We are always looking for people to come and join in on the fun! Learn about water quality, and salmon enhancement and escapement. There are opportunities to see local wildlife, take a boat ride, and count spawning sockeye!

Please email Summer @ sschulte@westlandresources.ca

